



## JOSLYN RECREATION CENTER NEWSLETTER MARCH 2024

### FEBRUARY'S OPEN HOUSE AND CLUB FAIR A SUCCESS!



SPIRIT DANCE AND DRUM ATTRACTED VISITORS IN JUDY'S GARDEN



DANCERCIZE, STRENGTH TRAINING & TABLE TENNIS DEMOS  
People liked the hands- on demos, and the camaraderie—4 new members for table tennis!





NUMEROUS JOSLYN MEMBERS, AND WELL OVER 60 NEW POTENTIAL MEMBERS SPOKE WITH REPRESENTATIVES OF ALL 15 JOSLYN CLUBS AND THE LIONS CLUB OF CAMBRIA. LOTS OF THEM JOINED A CLUB! PICTURED: ROUGH WRITERS (AND DELICIOUS REFRESHMENTS)



IN ALL, WE ENROLLED 12 NEW MEMBERS WITH DUES PAID ON THE SPOT, AND OTHER NEW MEMBERS WITH DUES PENDING, BRINGING THE TOTAL TO APPROXIMATELY 20 AND CLIMBING! EACH CLUB INTRODUCED THEMSELVES TO GUESTS, AND MANY LONGTIME MEMBERS JOINED ANOTHER CLUB. IN ADDITION, WE DEVELOPED A LIST OF PEOPLE WITH INTEREST IN JOINING THE JOSLYN CENTER. IT WAS FUN, AND PEOPLE ARE STILL CALLING TO JOIN!  
BELOW: POKER CLUB IN THE 'CARD ROOM' WITH BRIDGE CLUB



SPECIAL THANKS TO THE MEMBERSHIP AND OUTREACH COMMITTEE: CHAIRPERSON, SHELLY HENDERSON; LARRY MADDOX, DARLENE MADDOX, DOUG DEVANEY, JOY LEASE, CINDY STILES, LORIENNE SCHWENK (CAMBRIA CHAMBER OF COMMERCE) JOEL CEHN AND DAVID STILES. BOARD MEMBER MARK KANTOR CREATED A GREAT VIDEO "LOOP" FEATURING ALL THE CLUBS. THANKS!



Everyone was surprised by all the Joslyn offerings. Overheard:  
“I’m so glad I came—this was so much fun” Above: Fishing Club



**Lawn Bowls**

## CLUB NOTES:

**POKER CLUB:** Fun and affordable poker in Cambria at the Joslyn!

Monthly tournaments: this month's tournament is on Saturday March 9<sup>th</sup> at 6:15p in the Main Hall, the game will be Texas Hold'em. Buy-in \$20 and re-buys \$20 for a limited time. Every Thursday evening we have "Dealer's Choice" poker in the Conference Room at 6:15p. You can choose from a \$5 or \$25 buy-in for the evening. Questions; contact Manya Brett at 805-927-5000 *call/text*.



## Friday Night Ecstatic Dance!

**Inner Rhythm** is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

**Inner Rhythm** is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

**Clean-up Club:** March Cleanup club is Table Tennis

**MAH JONGG:** There's a New Game in Town—Royale!! It's a new version of Mah Jongg that's challenging and FUN! If you're an experienced player or a beginner, we meet Thursdays from 1-4pm. Come and stay part or all the time!

**REFRESHER BRIDGE:** Rusty but thinking of getting your game back? Refresher Bridge is for you every Tuesday at 1:15p in the Main Hall!

**CAMBRIA DANCE CLUB INVITES YOU TO CELEBRATE SPRING  
5:30 on WEDNESDAY, MARCH 27, 2024**



Our theme for this dance is **SPRING FLOWERS** and we're asking attendees to wear flowers in their hair, behind an ear, around their necks – or wherever! I'm sure our live dance band will also think of some special music relating to spring flowers for our enjoyment.

This dance is hosted by Virginia Dunn, Mike Nielson, Susan Hill and Brian Foster. The hosts will bring ham to anchor the potluck.

Please RSVP with your choice of preferred potluck contribution to either Virginia at [VAD@charter.net](mailto:VAD@charter.net) or Susan at [shpaint@charter.net](mailto:shpaint@charter.net).

This Spring promises to be beautiful, so come share the joy with us!

NOTE FROM TABLE TENNIS: OUR CLUB ENJOYED PARTICIPATING IN THE JOSLYN CENTER OPEN HOUSE AND CLUB FAIR ON FEBRUARY 10. MANY OF OUR VISITORS PICKED UP A PADDLE AND ENJOYED SOME GOOD 'OL PING PONG FUN. IN FACT, WE PICKED UP FOUR NEW MEMBERS THAT DAY AND DREW ONE NAME FOR A FREE 2024 MEMBERSHIP IN TABLE TENNIS. WE NOW HAVE OVER 30 MEMBERS WHO LOVE TO GET TOGETHER FOR THEIR PHYSICAL, MENTAL AND SOCIAL HEALTH.

SPIRIT DANCE AND DRUM: NO EXPERIENCE NEEDED TO ENJOY A WONDERFUL EVENING OF DRUM CIRCLE AND DANCE. BRING YOUR OWN DRUM OR BORROW ONE OF OUR LOANERS.



THIS MONTH OUR FULL MOON DRUMMING SESSION WILL BE MONDAY MARCH 25 AT 6:30P IN THE MAIN HALL. BRING YOUR OWN REFRESHMENTS AND A DONATION FOR THE JOSLYN.

ROUGH WRITERS: THE ROUGH WRITERS WELCOME NEW MEMBER JUAN LUZURIAGA!

INVESTMENT CLUB: INVESTMENT CLUB HAS NOW FILLED ITS FULL COMPLEMENT OF MEMBERS. IF YOU ARE INTERESTED IN BEING NOTIFIED OF ANY OPENINGS, CONTACT US AT [www.joslynrec.org](http://www.joslynrec.org).

IF YOU'VE PAID YOUR DUES, PLEASE DISREGARD THIS MESSAGE. HOWEVER, IT'S NEVER TOO LATE TO GET CURRENT ON YOUR DUES. PAY IN PERSON (\$50 PER PERSON PER YEAR) AT THE OFFICE AT 950 MAIN STREET, USE THE MAIL SLOT IN THE FRONT WALL OF THE OFFICE, OR PAY BY CREDIT CARD USING PAYPAL AT [www.joslynrec.org](http://www.joslynrec.org) Thanks!

See you and our new members at the Joslyn Center! Dave Stiles, 2024 Club President